
CBSE Sample Paper-02
SUMMATIVE ASSESSMENT –I
English Communicative
Class – X

Time allowed: 3 hours

Maximum Marks: 70

General Instructions:

(i) The Question paper is divided into three sections:

| | |
|---------------------------------|-----------------|
| Section A - Reading | 20 marks |
| Section B - Writing and Grammar | 25 marks |
| Section C - Literature | 25 marks |

(ii) All questions are compulsory.

(iii) You may attempt any section at a time.

(iv) All questions of that particular section must be attempted in the correct order.

Section A
Reading (20 Marks)

1. Read the passage carefully. **(8)**

We give undue importance to our health and the treatment of diseases. A large number of medicines treat only the symptoms of the disease, and not the root cause. In fact, the cause of many chronic ailments is still being researched. It is here that Yoga therapy comes to our assistance. Yoga emphasizes treatment of the root cause of an ailment. It works in a slow, subtle and miraculous manner. Modern medicine can claim to save a life at a critical stage, but, for complete recovery and regaining of normal health, one must believe in the efficiency of Yoga therapy. The Yogic way of life includes a code of ethics, regulations, discipline and more, combined with prayer and meditation. Even a discussion of these subjects helps one relieve mental tensions and change attitudes. Simple Asanas help to stretch and relax the whole body and neutralize tensions. The sincere practice of Yoga postures benefits all levels of experience. Through continued practice, Yoga postures can have a profound effect on the inner dimensions of life, establishing deep calm, concentration, emotional stability and confidence. Man is a physical; mental and spiritual being; yoga helps promote a balanced development of all the three. Other forms of physical exercises, like aerobics, assure only physical well-being. They have little to do with the development of the spiritual or astral body.

A. Answer the following questions briefly:

- (i) What do most of the medicines treat?
- (ii) What does the phrase 'Chronic ailments' refer to?
- (iii) How is yoga different from other treatments?
- (iv) What does the yogic way of life include?
- (v) What do 'Simple Asanas' help to?
- (vi) How does sincere practice of yoga postures benefit us?
- (vii) How does yoga therapy work?
- (viii) Is yoga better than physical exercises? How?

2. Read the passage carefully. **(12)**

1. Every time a child takes a soft drink, he's laying the ground work for a dangerous bone disease. No, fizzy and sugary drinks don't cause osteoporosis. But, because they are often a

substitute for a glass of milk, kids are not getting the calcium and vitamin D they need to build a strong skeleton. Many of them also lead a sedentary lifestyle, so they aren't getting the bone building benefits for vigorous exercise either. These children aren't just in jeopardy for brittle bones and fractures decades down the road. They could be at a risk of osteoporosis at a younger age than ever before.

2. The Indian Society for Bone and Mineral Research, a body of osteoporosis experts is trying to spread awareness about this bone crippling disease. Osteoporosis starts in childhood but has consequences later in life. The condition causes bones to become riddled with holes, like the framework of a house that's been attacked by termites. That can lead to broken bones, which in turn can cause deformity, chronic pain or disability. Osteoporosis can be fatal: up to 25 per cent of older people who suffer a broken hip die within a year. Osteoporosis isn't just your grandmother's health threat. Although it strikes over 50 million women in India, it also menaces over 12 million men. Osteoporosis causes loss of height, pain in joints and back, fractures and a fear of fractures, and can be very depressing. So it is important that we adopt preventive measures, to save millions of people.
3. There is a new medical understanding of the best ways to protect ourselves and our children. "Simple lifestyle changes and nutrition will help save your bones," says Dr. Mittal. To get us moving in the right direction, he says, "It's never too late to adopt bone-friendly habits—exercise, get enough sunlight, and have adequate calcium. This way, we can keep our bones healthy and prevent osteoporosis.

A. Answer the following questions briefly: (2×4)

- (i) Why are fizzy and sugary drinks blamed for osteoporosis?
- (ii) Why do bones get weak?
- (iii) When does osteoporosis become apparent? Why is it called fatal?
- (iv) What are the measures to prevent osteoporosis?

B. Find words in the passage which convey similar meaning of the following words by choosing the correct option: (1×4)

(i) deadly _____.

- (a) dangerous
- (b) fatal
- (c) chronic
- (d) jeopardy

(ii) to do things with great energy and enthusiasm _____.

- (a) jeopardy
- (b) vigorous
- (c) bone-friendly
- (d) termite

(iii) a kind of drink with bubbles of carbon dioxide _____.

- (a) fizzy
- (b) vigorous
- (c) sedentary
- (d) sugary

(iv) illness that lasts for a long time _____.

- (a) osteoporosis
 - (b) brittle bone
 - (c) fracture
 - (d) chronic
-

Section B
Writing (25 marks)

3. Rekha saw the following visuals in a magazine and felt that people nowadays have fallen to bad sleeping habits. Greater impact is visible on the children and the youth who have become 'sleep thieves'. The article that followed the visuals revealed that the lack of adequate sleep increases our susceptibility to a good number of health problems. Worried at this, she writes a letter to her brother. Taking ideas from your Unit-1, MCB 'Health and Medicine', write this letter as Rekha in 120-150 words. **(5)**
4. Seema decided to write a story for her school magazine, but after some time, she could not complete the story as she had to go out for some urgent work. Complete the story on the basis of the beginning given below using 150-200 words.
"An old man had two daughters. He loved both of them. Once he asked them..." **(10)**
5. Choose the best word from the options given below and complete the following passage. **(3)**

Delivering his inaugural address (i) _____ the first Agricultural Science Congress here today (ii) _____ Prime Minister said efforts (iii) _____ be made to increase the production of food grains by at least three times (iv) _____ the next decade. He exhorted that the agricultural scientists (v) _____ rise to the occasion to meet the challenge of feeding the population so that we may not have to import it. If we delay, he said, in doing something about the matter, it (vi) _____ be difficult to face the shortage of grains. He is optimistic that the agriculture scientists must think over the matter. Speaking on the occasion, the Agricultural Minister praised the agricultural scientists for their role in bringing about a Green Revolution.

- (i) (a) on (b) at (c) over (d) from
(ii) (a) this (b) an (c) a (d) the
(iii) (a) can (b) will (c) should (d) may
(iv) (a) in (b) from (c) to (d) have
(v) (a) can (b) shall (c) must (d) need to
(vi) (a) can (b) would (c) need (d) ought to

6. There is an error in each line. Mark the error and write the correct word. First one is done for you as an example. **(4)**

| | | | |
|---|------|-------|-------|
| The guru asked him to start for the person | e.g. | wrong | right |
| in that he had the greatest faith and the highest | (a) | for | with |
| confidence. All of people assembled | (b) | _____ | _____ |
| their thought that the disciple would | (c) | _____ | _____ |
| first give a fruits to the teacher and | (d) | _____ | _____ |
| than distribute to the others. But the | (e) | _____ | _____ |
| disciple do not do so. He took the first | (f) | _____ | _____ |
| fruit himself. He explain that since he had | (g) | _____ | _____ |
| the greater confidence in himself, | (h) | _____ | _____ |
| he took the first fruit. | | | |

7. Rearrange the following words and phrases to form meaningful sentences. **(3)**
- (i) a / time / upon / there / a / was / merchant / once / rich
(ii) children / are / many / still employed / factories / in
(iii) time / it / in / measures / seconds / and / hours / minutes
-

Section C (25 marks)
Literature: Textbook and Long Reading Text

8. Read the extracts and answer the questions that follow: **(3)**
"Won't you go in?" the nurse murmured. "Lucia will be pleased to see you."
(i) Who is Lucia? Does the narrator go to meet Lucia?
(ii) What makes the writer decide to do so?
(iii) What do you mean by the word 'murmur'?
9. Answer the following questions in about 30-40 words each. **(8)**
(i) What led the boys to dislike the Germans?
(ii) Why did other creatures of the bog loathe frog's voice? How did they express their disapproval of the frog?
(iii) Why didn't the Slaters call for the doctor?
(iv) What plans does Mrs. Packletide conceive before shooting the tiger?
10. "The real gentlemen are the people who never give up like Nicola and Jacopo." What values do you learn from the two gentlemen of Verona. **(4)**

Or

"Living in the world of illusions, we need to change our attitude and learn to face and accept reality without indulging in self-pity." Explain this statement with reference to the 'Mirror'.

11. **A.** Is Anne in love with Peter? Why does she feel she can confide in him? **(10)**

Or

What role does the diary play in Anne's life?

Or

11. **B.** What makes Helen jealous of the newly born baby? Explain her reaction to see the newly born baby in her house. **(10)**

Or

What was the impulse that ultimately enabled Helen to speak? How did she learn how to speak?

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Class – X

Section A
Reading (20 marks)

- Ans1:** (i) Most of the medicines treat only the symptoms and not the root cause.
(ii) That occurs persistently.
(iii) It removes the root cause of a disease.
(iv) Discipline, prayer and meditation.
(v) To stretch and relax the whole body and neutralize tensions.
(vi) In all levels of experience, i.e. establishing deep calm, concentration, emotional stability and confidence.
(vii) It works in a slow, subtle and miraculous manner.
(viii) Yes, with physical well being it develops spiritual or astral body.

Ans2:

- (A)** (i) They substitute milk and other nutritious drinks.
(ii) Lack of milk, lack of exercise, and due to sedentary lifestyle.
(iii) in old age. It is called fatal because up to 25% of older people who suffer a broken hip die within a year.
(iv) exercise, exposure to sunlight and the bone building substances like calcium vitamin D.
- (B)** (i) fatal
(ii) vigorous
(iii) fizzy
(iv) chronic

Section B
Writing (25 marks)

Ans3: # 345/C, Silver Oaks Apartments

Zirakpur, Punjab

11 September, 20XX

Dear, Harish

I hope you are as busy as a bee as ever. A few days back I read an article related to poor sleeping habits of the teenagers these days. I have seen you staying awake late at night too.

We can stay up till late at nights occasionally for some very important jobs or assignments that need to be completed within a particular timeframe but it must not be made a routine habit. Sleep is a very essential element to a healthy body and if neglected can lead to many ill effects. You will be surprised to know that it not only keeps our waistline trim but ensures a balanced brain activity too.

If we do not sleep weH, our nervous system gets disturbed. We start suffering from various disturbances like depression, anxiety and general feelings of sadness, anger and irritation. Studies have proved that those suffering from ailments like heart problems, diabetes, obesity and lack of concentration were found to be 'sleep thieves'.

Apart from this, you should limit working on computers till late nights and give the required rest to your eyes. After all, it is your health that matters to your healthy

wellbeing. Only then you can achieve your aims and targets set forth. I hope you will pay heed to the words of your sister.

Love
Rekha

Ans4: SALT AND SUGAR

An old man had two daughters. He loved both of them. Once he asked them, "What is the sweetest thing in the world?" "Sugar," said the older girl.

"Salt," said the younger girl.

The old man thought the younger daughter was mocking him. He said, "If salt is sweeter than sugar, you had better find another home where the cooking is more to your taste." And he pushed her out of the house.

It was a beautiful summer night. The pretty maiden sat singing in the forest near her father's cottage when a young prince, who had lost his way hunting came to her. Struck by her beauty and gaiety, he fell in love with her and took her to his palace and married her.

The bride invited her father to the wedding banquet without telling him who she was. All the dishes were prepared without salt. The guests began to murmur.

"Oh", said the bride's father, "salt is truly the sweetest thing in the world. But when my daughter said so, I threw her out of the house. If only I could see her again and tell her how sorry I was!"

Drawing the veil from her face, the happy girl went to him and hugged him. Then properly salted dishes were brought in and all the guests ate their fill.

- Ans5:** (i) on
(ii) the
(iii) will
(iv) in
(v) must
(vi) would

- Ans6:**
- | | |
|----------------|-----------|
| wrong | right |
| (i) that | whom |
| (ii) of | the |
| (iii) their | there |
| (iv) fruits | fruit |
| (v) than | then |
| (vi) do | did |
| (vii) explain | explained |
| (viii) greater | greatest |

- Ans7:** (i) Once upon a time there was a rich merchant.
(ii) Many children are still employed in factories.
(iii) It measures time in seconds, minutes and hours.

Section C

Literature and Long Reading Text (25 marks)

Ans8: (i) Lucia is the sister of the two boys, Nicola and Jacopo, whom the author meets. No, the writer does not go inside to meet Lucia.

(ii) He did not want to intervene in the happy family discussion.

(iii) Something said quietly.

Ans9: (i) The boys were led to dislike the Germans because their beloved father was killed in the war with the Germans. Had the bomb in the war not destroyed their home and life,

they would have been living with all comforts and leading a cultured life. They were thrown out into the streets suffering horribly from starvation. Exposure to the cold winter led their sister to suffer from tuberculosis. All this filled them with hatred for the Germans.

(ii) Other creatures of the bog loathed frog's voice because he croaked in an unpleasant harsh voice from day to night. Finding no choice they had to bear the torture. They expressed their disapproval of the frog in many ways. Some threw stones at him and also made use of sticks on him. Others requested him to stop blaring. While there were still many who insulted, lodged complaints and threw bricks at him. But nothing could stop the frog from displaying his heart's elation.

(iii) The Slaters had called for the doctor named Pringle who attended grandpa whenever he was sick. Because he was out of the town, they did not make any effort to get him checked from any other doctor. This indicates their lack of concern for grandpa. As the Jordans had suggested, they should have consulted the doctor before declaring him dead.

(iv) Mrs. Packletide had planned that she would arrange a party in the honour of Loona Bimberton at her house in the Curzon Street after shooting the tiger. She had also planned to send a tiger-claw brooch as a gift to her on her next birthday.

Ans10: The two gentlemen of Verona were two poor boys. They were truly gentlemen. They never gave up, never asked for help and didn't accept the pity of the two visitors. They had self-respect. They never gave up the spirit of living. They helped the two visitors in every possible way which we often see gentlemen doing. They didn't tell the visitor about their plans. They did not want to expose it as the gentlemen do. They were very helping. They also loved their sister who was admitted in hospital. Though, they were very poor yet they visited the hospital every weekend and paid the hospital charges from the money which they earned through various works they did.

Or

The mirror reflects whatever it sees in all its exactness. It does not hide, tone down, twist or distort what it sees as the human beings do not do nor does it enhance the beauty of any reflection. It projects the truth in its entirety. A mirror is absolutely unbiased. It doesn't have any preconceived notion about things. It neither has any likes nor dislikes. Like mirror, we need to accept reality and learn to face reality without indulging in self-pity. Like mirror, we should be truthful and exact. We should not flatter anybody. We become anxious when we start to see the signs of ageing. Everyone wishes to stay youthful and beautiful all through one's life. However, this being against the law of nature, can never be possible. Hence we need to develop an inner strength to face all stages of life gracefully. The mirror teaches the reality without indulging in self-pity.

Ans11:

A. Yes, Anne is in love with Peter. In fact Anne doesn't like Peter at first since both of them were very different, but at the end they both found a company, they could rely on each other and they stay together till the end. Anne feels she can confide in Peter because he is her friend and they get closer towards the end of their time in the annex. She feels as though Peter is the one bright light in her life, and they spend a

great deal of time together. She wonders what Peter feels about her and admits that her feelings are growing more serious.

Anne feels she can confide in Peter because he is her friend and they get closer towards the end of their time in the annex. She feels as though Peter is the one bright light in her life, and they spend a great deal of time together. She wonders what Peter feels about her and admits that her feelings are growing more serious.

Or

When Anne first begins writing in her diary as the thirteen-year-old girl, she feels that her friends and family all misunderstand her. Thus she first turns to the diary as a new friend and confidant, counting on the diary to be the sympathetic, non-judgemental ear she has been unable to find elsewhere. Once she goes into hiding in the annex Anne feels even more misunderstood. She thinks her mother is cold and callous, and feels that the other adults consider her a nuisance. The diary offers Anne much solace in the annex because she is in need of companionship. Until she befriends Peter, Anne has no one other than her diary with whom she can openly share her fear, anger, sadness and hope. Anne calls the diary "Kitty", indicating that she considers it a close friend. She occasionally even writes to Kitty as if the diary were a person who had asked her questions.

Writing diligently in the diary also helps Anne redirect her strong feelings instead of expressing them outright and causing damage to the fragile relationships with the annex. When everyone around her is feeling anxious and tense, Anne turns to her diary for comfort because she does not want to burden the already overtaxed adult with her own concerns. In this way, Anne becomes very independent at a young age. Moreover, Anne's constant diary writing enables her to discover her inner voice and her voice as a writer, the diary gives her a private place to explore and develop her increasingly profound thoughts and ideas. After two years, Anne is able to look back at the invaluable record of her experiences and analyze how she has grown and changed. In this sense, the diary becomes a significant tool for Anne's maturity.

Or

B. Like any other child, Helen was possessive and moody. The advent of Helen's younger sister Mildred divided the attention of her mother. She could not tolerate her mother's indulgence towards her little sister. Her little sister sat in her mother's lap constantly, where Helen used to sit. Her raw and innocent heart of Helen could not tolerate it. She held Mildred responsible for this division of love, care and attention. This made her agitated and angry.

Helen used to put her doll, Nancy in a cradle to sleep. Once she found Mildred sleeping in the cradle of her doll, this made her furious. Out of anger and pent up emotions, she overturned the cradle. Mildred was about to fall down on the floor when her mother caught her and saved her from being seriously injured. The

reaction on the part of Helen is natural. Later on, she realised her mistake and with the passage of time she became friendly with her sister.

Or

The impulse to speak had always been strong within Helen. She used to make noises, keeping one hand on her throat while the other hand felt the movements of lips.

She was pleased with anything that made noise. She used to feel the motion of her mother's lips and yearned to move her lips too to produce sound. She tried a lot to speak but she couldn't do it. She was entirely dependent on the manual alphabet. It created a gap in her life. A sense of narrowness gripped her. This feeling began to agitate her violently. She persisted in using her lips and voice. Her friends feared that this would lead her to disappointment. But Helen persisted to speak.

In 1890, Mrs. Lamson, a teacher, told her about Ragnhild Kaata, a deaf and blind girl in Norway, who had actually been taught to speak. Helen saw a beam of light and determined that she would also speak.
